

Empowerment: Answering the Call of the Divine Feminine Retreat Information

Featuring: Reverend Gemma “Coco” Dolenz, Susan Crimmins, Ph.D. and the Avalon Herd

Location: Pine Lane Farms, Lima, Ohio

Dates: September 22-24, 2017

We invite you to join us at beautiful Pine Lane Farms in Lima, Ohio, as we answer the call of the Divine Feminine to explore empowerment! Retreats are an invitation to exhale in a sanctuary where we get to refresh, renew, and restore, as well as to re-evaluate our directionality in the world at large. Pine Lane Farms is the ideal, scenic environment to maximize this experience. Come relax with us amidst birds chirping and horses grazing, while enjoying breathtaking vistas in this heartwarming country setting. Coinciding with the Fall Equinox, it is a beautiful time to visit deeper, less visible aspects of who we are, as we take inventory in balancing our light with our shadow.

In this retreat, we will interact with music and nature through activities that both awaken our voice and facilitate our embodiment of strength as we uncover our relationship with power. Our time together, consisting of two and one half days will include: mindful meditations, shared collective wisdom, intuitive sensing and inspirational journaling. Most of our fun will involve playing with *vocal intonations and **dancing with the sentient wisdom of the Avalon Herd, as they guide our journey in identifying obstacles and opportunities that hinder and enhance our empowered selves.

*No vocal or music experience necessary

**No horse experience necessary (no riding in this retreat, only ground activities).

Fee:

\$695 is the base price for the retreat, which includes two scrumptious lunches and snacks/beverages each day. Transportation, nearby lodging and other meals are additional.

Discount:

The fee is reduced to \$655 if early registration and \$200 deposit is received by July 1st, 2017. After July 1st, the fee is \$695.

Deposit:

A deposit of \$200 is required to hold your reservation.

Deposits are refundable except for a \$50 handling fee up until July 15th.

After July 15th there will be no refunds unless someone else takes your place, in which case you will receive a full refund except for the \$50 handling fee.

Registration and Payments:

Registration form may be downloaded from: <http://www.thepracticeofbeing.com/retreats/4591072302>

You may register and send your deposit (checks and money orders only) to: The Practice of Being, LLC.

Mail your registration form with payment to:

The Practice of Being, LLC

1470 Encinitas Boulevard, #312

Encinitas, CA 92024

Balance:

The balance of the fee is due no later than August 21st, 2017.

THIS RETREAT HAS LIMITED SPACE, SO REGISTER EARLY!

Additional Information:

If you are flying the nearest airport is in Dayton, Ohio. Lima is located approximately one hour from the airport.

Lodging reservations may be made at the Comfort Inn, 1210 Neubrecht Road, Lima, OH 45801, 419-228-4251

Our special rate is \$79.99 plus tax per room for up to 2 adults in each room. Any additional adult in a room is \$10 per adult. Rooms typically are two double beds or king size beds available as well. Rate includes a hot breakfast with protein, eggs, waffles, fresh fruit, yogurt, muffins, bagels, etc. Complimentary wireless high speed internet, 24 hour business center, fitness center are available to guests and each room includes a microwave and refrigerator.

For retreat/payment questions call: Susan 310-633-3800

For local information, contact Anne at anniedecker@hotmail.com